



Najd National Schools
International Program

Medical Provisions



Najd National School for Boys

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Introduction

The school takes good care of students' and staff health. The school health service promotes healthy development and wellbeing, helping students reach their full potential. The school health service is free and confidential. Students learn better when they are healthy, safe and happy.

In addition to the health services provided by the school, the well being of the students is promoted through the science classes in addition to the Health class in grade 10.

Available Services

There are two clinics with a specialist doctor and two registered nurses distributed among the school as follows:

- main clinic with a general doctor and registered nurse responsible for students from grade 9-12
- clinic with a nurse for students from grade 4-8.

The clinics deal well with the following cases: headaches, abdomen aches, backaches, bone aches, minor injuries, nose bleeding, scratches and bruises.

Both of the clinics supply first aid for critical cases such as fractures, tachycardia, fainting, high blood pressure and severe injuries. Such cases are then transferred to the specialized medical centers escorted by the school physician or the nurse.

These clinics provide the following services.

- A daily record for the sick students who visit the clinic
- Document names of students with chronic diseases and distribute them to all school coordinators.
- Provide health physical assessment to students when visiting the clinic.
- Identify health findings and manage accordingly.
- Administer general medications as prophylactic treatment.

- Give students a referral paper after visiting the clinic including the diagnosis, medication administered with time.
- Collaborate and follow up with parents concerning special cases at school.
- Transfer cases to hospital that are at high risk and need specialist after the approval of parents.
- Act as resource persons for all teachers and administration.
- Provide first aid sessions for secondary students in collaboration with Saudi Red Crescent.
- Apply alerts, posters, and notes on all clinics' boards.
- Make brochures on special topics based on school assessment.
- participate in the scientific seminars organized by the school for the purpose of raising awareness among students

Available Equipment

Both clinics are equipped with:

1. Stretches
2. Beds
3. first aid medicines
4. vaccines
5. scale
6. sterilizers
7. a glucometer.
8. a sphygmomanometer.
9. electronic thermometers.
10. an oxygen cylinders.
11. a nebulizer (for severe asthma cases).